



Breakfast & Lunch are Free



JUNE 2022 Jabish Brook Middle School

Breakfast offer with choice of 1% or fat free white milk. Lunch offered with choice of 1% or fat free white milk Or fat free chocolate milk Lactaid milk available upon request Milk with home lunch costs \$.50(fifty cents)

Monday	Tuesday	Wednesday	Thursday	Friday
		Breakfast Café LUNCH Hot Dog & Baked Beans Salad & Fruit	Breakfast Café LUNCH Munchie Basket Mozzarella sticks, Chicken nuggets, Fries, Veggie Sticks & fruit	Breakfast Café LUNCH Burger Day: Hamburger, Whole Grain roll, Lettuce, Tomato, Pickles, Salad & Fruit
Breakfast Café LUNCH Oriole Bowl Popcorn Chicken, corn, mashed potato & gravy Fruit	Breakfast Café LUNCH Taco Salad , seasoned Beef, Tortilla chips, beans, salsa, Fruit	Breakfast Café LUNCH Chicken Mac Salad with veggie sticks & Fruit	Breakfast Café LUNCH Kari's Deluxe Grilled Cheese Bar Salad & fruit	Breakfast Café LUNCH Chicken Patty WG roll, Lettuce, Tomato, Pickles, chips
Breakfast Café LUNCH Deli Bar Served with Salad & Fruit	Last Day of School No lunch service	Happy Summer	Happy Summer	Happy Summer
No School	No School	No School	No School	No School
No School	No School	No School	No School	No School



Menu is subject to change.

Grades 7-12 **FREE Breakfast Cafe** offers whole grain Cereals & Cereal Bars, Muffins, Bagels & Breads, Sweet Roll, Pop tarts, & assorted daily hot breakfasts, 100% fruit juice and white milk Grades 7-12 offer daily in school entrée alternative Choices: Pizza Station, Deli Bar, and Garden Salad