



Breakfast & Lunch are Free

JUNE 2022

Swift River Elementary

Breakfast offer with choice of 1% or fat free white milk.
Lunch offered with choice of 1% or fat free white milk
Or fat free chocolate milk
Lactaid milk available upon request
Milk with home lunch costs \$.50(fifty cents)

Monday

Tuesday

Wednesday

Thursday

Friday



LUNCH

1

Chicken Macaroni Salad
With Veggie sticks
& fruit

Alt: Deli Sandwich Meal

Lunch

2

Pizza Thursday,
Cheese Pizza, Veggie Sticks &
dip

Alt: 4oz Yogurt cup & WG snack
with Veggie Sticks & dip

Lunch

3

Chicken Patty on a WG roll,
Lettuce, Tomato, Pickles, chips

Alt: Deli Sandwich

Lunch

6

Garlic Butter Noodles &
Chicken Tenders
Served with Mixed Veggies
Alt: WG 2ozCereal meal, 4oz
juice, Cheese stick, Fruit

Lunch

7

Taco Day,
Seasoned beef
Lettuce, tomato, Cheese & Salsa,
Alt: 2oz WG bagel Meal

Field Day:

8

Hog Dogs, Veggies Sticks,
Chips & Fruit
Alt: Pancake meal

Lunch

9

Pizza Thursday,
Cheese Pizza, Veggie Sticks &
dip

Alt: 4oz Yogurt cup & WG snack
with Veggie Sticks & dip

Lunch

10

Warm WG Pretzel & Cheese
Served with mixed veggies

Alt: Deli Sandwich

Lunch

13

Deli Sandwich, chips, fruit, &
Veggie sticks
Alt: WG 2ozCereal meal, 4oz juice,
Cheese stick, Fruit

No Lunch Happy

14

Last Day of School

Happy Summer

15

Happy Summer

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Happy Summer

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MY SCHOOL BUCKS

PAY FOR MEALS ONLINE
MySchoolBucks.com



Menu is subject to change.

Grades 1-3 FREE Breakfast & Lunch

Grades 1-3 offer daily in school entrée & entrée alternative:

Choices comes with 1/2 cup fruit, vegetable, and or milk from main menu

This institution is an equal opportunity provider

Breakfast Choices: **Monday:** Muffin or Roll, **Tuesday:** WG Cinnamon roll, **Wednesday:** Quick Bread, **Thursday:** WG Pastry, **Friday:** Multi Grain Breakfast Bar: **All juice is 100% juice, each breakfast comes with 1/2 cup fruit, fruit Juice & or milk & All options are made using Whole Grain**