

AUGUST 2022

Summer Eats

Free lunch to everyone 18 and under at
Chestnut Hill Community School
Monday –Friday 11:30-12:30

Monday	Tuesday	Wednesday	Thursday	Friday
Fish & Chips 1 Fish stick & oven fries, tartar sauce, Coleslaw, fresh fruit & Milk	Lucky Tray Day 2 Beef Soft Tacos with Salsa, Lettuce, tomato, cheese, beans, fresh fruit & milk	BBQ Chicken 3 Sandwich On a whole grain bun, Coleslaw, Fruit & Milk	Hamburger or 4 Cheeseburger on a whole grain bun, oven fries, lettuce Tomato, & pickles Fruit & milk	Pizza Friday 5 Served with pepper strips, Roasted chickpea's, Fruit, Whole Grain treat & Milk
Chicken Nuggets, 8 Oven fries, Veggie platter, Fruit & Milk	Lucky Tray Day 9 Turkey & Cheese Whole grain chips, lettuce Tomato, & pickles Veggie sticks, fruit & milk	Corn Dogs, 10 Vegetarian baked beans, Whole Grain treat, Watermelon, & Milk	Chicken Ranch 11 Sandwich On a whole grain bun, Pasta Salad, Fruit & Milk	Pizza Friday 12 Served with Caesar salad, Fruit and Whole Grain treat & Milk
15	16	17	18	19
22	23	24	25	26
29	30	31		



Daily Meal alternative: Whole Grain Cereal, 4oz yogurt or Cheese stick, Whole Grain Snack, fruit & vegetable from the daily menu.

Food Substitutions can be made for children with food allergies, who provide a **doctor's note**.

"This institution is an equal opportunity provider"