

# JULY 2022 Summer Eats

Free lunch to everyone 18 and under at  
Chestnut Hill Community School  
Monday –Friday 11:30-12:30

Monday

Tuesday

Wednesday

Thursday

Friday

No Lunch  
Service today

4

**Lucky Tray Day** 5  
Beef Soft Tacos with Salsa,  
Lettuce, tomato, cheese,  
beans, fresh fruit & milk

**BBQ Chicken  
Sandwich** 6  
On a whole grain bun,  
Coleslaw, Fruit & Milk

**Hamburger or  
Cheeseburger** on a whole  
grain bun, oven fries, lettuce  
Tomato, & pickles  
Fruit & milk 7

**Pizza Friday** 1  
Served with Caesar salad,  
Fruit and Whole Grain treat  
& Milk

**Pizza Friday** 8  
Served with pepper strips,  
Roasted chickpea's, Fruit,  
Whole Grain treat & Milk

**Chicken Nuggets,** 11  
Oven fries,  
Veggie platter,  
Fruit & Milk

**Lucky Tray Day** 12  
**Turkey & Cheese**  
Whole grain chips, lettuce  
Tomato, & pickles  
Veggie sticks, fruit & milk

**Hot Dog on a  
Whole grain Roll** 13  
Vegetarian baked beans,  
Corn, watermelon, & Milk

**Chicken Patty,** 14  
On a whole grain bun, oven  
fries, lettuce  
Tomato, & pickles  
Fruit & milk

**Pizza Friday** 15  
Served with Caesar salad,  
Fruit and Whole Grain treat  
& Milk

**Fish & Chips** 18  
Fish stick & oven fries,  
tartar sauce,  
Coleslaw, fresh fruit &  
Milk

**Lucky Tray Day** 19  
**Beef Crunchy Tacos** with  
Salsa,  
Lettuce, tomato, cheese,  
beans, fresh fruit & milk

**Chicken Ranch  
Sandwich** 20  
On a whole grain bun,  
Pasta Salad, Fruit & Milk

**Hamburger or  
Cheeseburger** on a whole  
grain bun, oven fries, lettuce  
Tomato, & pickles  
Fruit & milk 21

**Pizza Friday** 22  
Served with pepper strips,  
Roasted chickpea's, Fruit,  
Whole Grain treat & Milk

**Popcorn chicken,** 25  
Mashed potato,  
Corn, gravy, dinner roll,  
Fruit & Milk

**Lucky Tray Day** 26  
**Ham & Cheese**  
Whole grain chips, lettuce  
Tomato, & pickles  
Veggie sticks, fruit & milk

**Corn Dogs,** 27  
Vegetarian baked beans,  
Whole Grain treat,  
Watermelon, & Milk

**Chicken Patty,** 28  
On a whole grain bun, oven  
fries, lettuce  
Tomato, & pickles  
Fruit & milk

**Pizza Friday** 29  
Served with Caesar salad,  
Fruit and Whole Grain treat  
& Milk

**Daily Meal alternative:** Whole Grain Cereal, 4oz yogurt or Cheese stick, Whole Grain Snack, fruit & vegetable from the daily menu.

Food Substitutions can be made for children with food allergies, who provide a **doctor's note**.

"This institution is an equal opportunity provider"